

# All about Playgroup



**PLAYGROUP SA**  
Playing, learning, supporting families

## What is Playgroup?

A playgroup is a group of mums, dads, grandparents and caregivers who meet together each week with their babies, toddlers and preschoolers for interaction and fun.

Parents and caregivers work together to provide their babies and young children with opportunities to learn through play.

## Why go to Playgroup?

Children under five are going through a stage of rapid brain and skill development. For optimum development your young child needs a stimulating environment to play and learn. Playgroups offer babies, toddlers and young children a wide variety of early learning experiences. It's a great way for your child to learn about the world, make friends and develop social skills.

Playgroup also gives mums, dads, grandparents and caregivers a chance to meet to share ideas and experiences. Many long-term friendships begin at Playgroup.

## At Playgroup, your child will:

- Have fun
- Learn how to share through play
- Discover how to get along with other children
- Learn and develop new skills
- Listen to music and stories
- Improve their abilities to solve problems
- Explore by playing with water and sand, by painting and trying other kinds of art and craft
- Have fun playing outdoors and going on outings and excursions.

## At Playgroup, you will:

- Learn new skills
- Share experiences
- Play and learn together with your child
- Help run the Playgroup
- Bring fruit to share.

## What to bring:

- Hat
- Fruit
- Drink
- Change of clothes

**For more information  
please contact  
Playgroup SA on  
Free Call 1800 171 882**

